

**"la Caixa" Social Studies Collection**

**Abstract Volume 30: Childhood and the future: new realities, new challenges.**

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This study examines the activities and relationships of children under 10 years old and how they are being affected by recent social transformations, such as the appearance of new types of families, the massive incorporation of women into the workforce and new forms of fatherhood and motherhood. The authors also trace the origins of phenomena that can become an obstacle to children's development, such as obesity, socioemotional problems and school disengagement.

The findings of this study are an invitation to reflect on this critical stage in which the experiences children live through will have a decisive influence on their future lives. In addition, they contribute to the development of initiatives aimed at helping families and improving the well-being of children.